

## **Refractive Surgery - Laser surgery to remove/minimise Need for glasses.**

Following the NICE guidance on refractive surgery I recommend that you see a leading consultant in this field. Prices vary somewhat but are typically £175 - £140 for the initial consultation and around £1500 per eye for the actual surgery.

In my view one should choose a surgeon that works in the NHS and privately since the Appraisal and Training in the NHS is of very high standards.

Laser Refractive surgery is now very mature and passes the family test.

My personal choice of Leading Refractive surgeons in London are :

**Mr. Ali Mearza** at Focus Vision Using the Latest FentoLaser.

Mr Ali Mearza FRCOphth is a Consultant Ophthalmic Surgeon at Charing Cross Hospital, part of Imperial College Healthcare NHS Trust, London, the UK's first Academic Health Sciences Centre

My wife has had her laser treatment with Ali, "she found it very quick (5 minutes in total), painless and was able to see the leaves on the trees when leaving. She was very nervous before hand, but was put completely at her ease with the staff and found the procedure amazingly simple. She looks forward to a life with out glasses now."



### **FOCUS Laser Vision**

22 Wimpole Street  
London W1G 8GQ

**Beverley on: 07932679 000**

Web site : [www.alimearza.com](http://www.alimearza.com)

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### **David S Gartry**

Arthur Steele Unit Moorfields Eye Hospital  
Practice Manager - Jolene Maritz - 020 7490 7222  
Arthur Steele Unit  
205-207 City Road, London EC1V 9JN

<http://www.moorfields-private.co.uk/Consultants/davidsgartry>  
(As seen in interview on Watchdog with regard to SpecSavers Refractive service)



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### **Mr Sheraz Daya**

Sheraz works at the East Grinstead Corneal unit which is world famous for its corneal work. He sees patients both in London and at East Grinstead

Telephone 0800 466 1234 or 01342 306020

Email [Enquires@Centreforsight.com](mailto:Enquires@Centreforsight.com)

38 Queen Anne Street  
London W1G 8HZ



East Grinstead Consulting rooms  
Centre for Sight  
Hazelden place, Turners Hill Road, East Grinstead West Sussex RH19 4RH  
<http://www.centreforsight.com/AboutUs/OurSpecialists/OurConsultants/SherazDaya.aspx> (Consultations £140 or free at East Grinstead, last is £1995 – 2300 per eye)

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**Mr. Paul Rosen**

Oxford Eye Hospital  
Woodstock Road  
Oxford. OX2 6HE  
01865 31188



**Oxford: Jill Dunn or Rebecca Turner on 01865 513483 / 558858**

<http://www.grangeeyeconsultants.com/Rosen-profile.htm>

Paul particularly specialises in the Implantable contact lenses for very long or short sighted people.

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All these consultants are leaders in their field and will give you a very honest opinion on your suitability for refractive surgery.

**Practice Guidelines For Refractive Surgery**

See also: US Food and Drug Administration guidelines for refractive surgery  
Definition

Refractive surgery encompasses those surgical procedures that correct ametropia. These procedures may involve the use of a medical device (laser or surgical implant) and/or surgical instrumentation. Extra-ocular procedures includes those surgeries performed directly on the cornea or sclera. Intra-ocular procedures include those surgeries on the crystalline lens or surgeries within the anterior or posterior chamber.

Indications For Refractive Surgery

Individuals wishing to reduce or eliminate their need for glasses and contact lenses may consider refractive surgery.

Suitability For Refractive Surgery

Patients should be 18 years of age or older, have a stable refractive error and have healthy eyes. Ocular conditions, medical conditions or systemic medications that might alter the stability of the refraction, interfere with wound healing or potentially affect the outcome of the procedure should be noted and may serve to exclude the patient as a suitable candidate. Amblyopic patients where the best-corrected acuity in the amblyopic eye is less than 20/40 should be excluded as suitable candidates. Monocular patients should be excluded.

Suitable candidates for refractive surgery must have a reasonable expectation of success. This will obviously depend upon the patient's age, refractive error and the individual's specific reasons for considering refractive surgery. Presbyopic patients undergoing refractive surgery to rid themselves of their distance prescription must be made aware that they will require reading glasses unless they elect to have monovision or elect to undergo surgical procedures to reverse presbyopia.